



The Parish of Saints Philip and James
1 Carow Place, St. James, NY 11780

631-584-5454

July 9th, 2023 The Fourteenth Sunday In Ordinary Time



“Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves.”

Matthew 11:28

“With Philip & James we pray to live lives worthy of the call to be
Apostles of Hope”

Daily Mass: 7:30am and 9:15 am
Saturday 5pm Sunday: 8am 10 am 12noon

STS. PHILIP & JAMES PASTORAL STAFF

Parish Center Phone: 631-584-5454 Parish Fax: 631-862-9675

Website—www.sspj.org

PARISH CENTER OFFICE HOURS

Open Monday, Tuesday Wednesday 9am-6pm

Open Thursday 9am-6pm

Closed Friday, Saturday and Sunday

CLERGY

Father Tom Haggerty, Pastor
Father Joe Lobo-Associate Pastor
Deacon John Keenan

PASTORAL ASSOCIATE

Sister Theresita Donach, CSFN

BUSINESS MANAGER

Virginia Portanova

RELIGIOUS EDUCATION: 631-584-3204

RELIGIOUS EDUCATION COORDINATOR Grades 1-3

Charlotte Czujko~cczujko@sspj.org

RELIGIOUS EDUCATION COORDINATOR Grades 4-6

Barbara Luna~bluna@sspj.org

RELIGIOUS EDUCATION COORDINATOR Grades 7-8

Dominick Avento~davento@sspj.org

MUSIC DIRECTOR

Margaret Adams

COORDINATOR OF PARISH SOCIAL MINISTRY

Lynn Sisti

DIRECTOR OF YOUTH MINISTRY

Dominick Avento

DIRECTOR OF FACILITIES

John Cordes

SSPJ SCHOOL PRINCIPAL

Diane M. Anderson

School Phone-631-584-7896 School Fax: 631-584-3258

TRUSTEES

Brendan McGovern ~ Tina Cafaro

PASTORAL COUNCIL

Michael Sharkey, Lou Guerra, Cynthia Lombardi, Paul Damato
Lisa Keane, Maureen Burke, Nancy Sanders, Peter Suski, Sheila Cavooris

Collections: ~Thanking you for your generosity
Financial Support Needed weekly to meet Parish budget:

\$16,700

Weekly Collection: Sunday July 2nd, 2023:

Collections from Weekend masses: \$7,844.

Collections from mail: 1,685.

Faith Direct(126Participants) WEEKLY CORRECTION \$3,374.04.

Total Collections: \$12,903.04

FAITH DIRECT: VISIT SSPJ.ORG CLICK ON FAITH DIRECT ICON:USING
SSPJ PARISH CODE: NY232

Sacraments

Baptism— Celebrated twice per month. Parents are asked to register at the Pastoral Center for Pre-Baptism Program.

Marriage—Couples are asked to contact the Pastoral Center before visiting the reception hall. The Marriage Preparation process is nine months before your proposed wedding date.

Confirmation—Seventh and Eighth grade students are prepared to celebrate through Religious Ed or SSPJ School. Adults prepare through RCIA.

Reconciliation— Available Saturdays from 4:00pm-5:00pm in the Church or by contacting the Parish Center for an appointment.

Anointing of the Sick— In case of serious, unexpected illness, please contact the Parish Center office to arrange for a Priest to pray with the person who is ill. Anointing of the Sick is held on the first Sunday of the month following the 8:00am mass please see the Sacristan before mass.

R.C.I.A.— Rite of Christian Initiation of Adults (non-Catholic adults desiring to become Catholic) are asked to contact the Parish Center Office.

Eucharistic Adoration In The Church— Monday 1:30pm -7pm

PLEASE REMEMBER THOSE WHO SERVE FOR US IN YOUR PRAYERS



LCDR. MEGAN M. SHUTKA-VIK, USN

CAPT. WILSON MARKS- USN

CAPT. MICHAEL T. DOLAN- JR. -D.O, US ARMY

LT. COL. JOHN KAIRE

SPC. NICOLE A. CANNON

SGM. MICHAEL P. BORRELLI-US ARMY

CAPT. JOHN TULLY- USN

LT. COL. JAMES TULLY-US ARMY

JOSEPH SAGGIO- USNC

CAPTAIN PAUL WILLMS

STAFF SGT. MICHAEL LONGHENRY

LT. COL. PAUL T. JACKSON-

STAFF SGT ALEXANDER PARRELLA-USAF

RICHARD SOTOMAYER- USAF

SGT. CONNOR F. SCOTT- USMC

SGT. CORY O'HARA -USMC

CDR. ROBERT J. MARSH-USN

PFC. CHARLES CHRISTOPHER HOWELL

STEVEN CAVA-USN

ERIC SEELIN- USMC

CW2 CHRIS MUNZ

CW2 NATASHA WORTMAN

CORPORAL JAMES T. CASEY-USMC

SGT. JOSHUA MAHONEY- US ARMY

KEVIN JONES-USCG

PRIVATE JOSHUA OLSEN-USARNG

GLEN CRIMA-US ARMY

MARIO CATANIA-USMC

RYAN ANTHONY NASCIMENTO-USMC

KYLE ANTHONY NASCIMENTO-US ARMY

ENS. RYAN M. SHOWS -USN

STAFF SGT. RYAN REXRODE-USMC

DR. KARA VANDEKIEFT, COL.-USAF

SGT. STEPHEN D. OUTCAULT-USMC

PAUL MUMOLO-USN

VICTORIA ZEMAN, USCG

KYLE J. GRUNER -US ARMY

MARK GIORDANO—US COASTGUARD

KELLI MCLAUGHLIN- LT. US ARMY NATL.GUARD

1 LT MICHAEL J BANG—MILITARY INTELLIGENCE US ARMY

MATTHEW PATRICK GALLAGHER US ARMY

LT. COMMANDER CHRISTOPHER SHANK MD

MIDN ERIN NICASTRO, USN.

MAJ. BRENDAN JOHNSTON-USAF

CHRISTOPHER A. HIONIDIS-USAF

LIVE-STREAMING THE 8:00AM SUNDAY MASS

The Sunday mass at 8:am is available to view on our SSPJ Church Facebook page, while it is live at the 8am mass, it can be recalled at any time.

Father Tom's Letter

Dear Friends,

*"... although you have hidden these things from the wise and the learned,
you have revealed them to little ones..."*

When you hear this line from today's gospel, do you think of yourself as among the wise and learned or among the little ones? Who were the wise and learned of Jesus' day? Who were the little ones? Jesus is always reaching out to the "little ones" – to those who are in need – of acceptance, of love, of hope. In some way we are all "little ones" in need. And what has been revealed to us little ones? The consoling, encouraging invitation of Jesus:

"Come to me, all you who labor and are burdened, and I will give you rest."

These words of Jesus heard in today's gospel have often awakened comfort and encouragement in we who listen and believe. Sometimes we are in situations which cause pain, sadness or anxiety and we long to release whatever is weighing us down. Other times we just find we've been working hard, handling many responsibilities, and doing good things, but we're tired and in need of rest. Jesus reminds us that he is with us in all these times, wanting to restore us to wholeness. Will we allow ourselves to feel his calming embrace? And how do we do this?

Fr. Jude Siciliano, OP, reflects:

Religion could be a terrible burden for the unlettered and untutored of Jesus' day. So much to know and, for desperately poor peasants, so little leisure time to learn. For those who were burdened by the guilt incurred by numerous violations of religious law, the "yoke" Jesus offers is his own "yoke." It is rest and welcome for the religious outsider. The very ones religion considers unworthy of God are the ones Jesus is reaching out to welcome, "Come to me all who labor and are burdened.... Take my yoke...." What book would someone study who wants to follow Jesus' way? What tomes, laws and religious commentaries? How will they get his way right?

*Jesus invites the "little ones" to come to him – to "read" and "study" him.... "Come to me," he is saying, "and in me you will discover divine wisdom." "What must I know?" we might ask. "Know me," would be his response.... "Today's gospel passage calls us to another kind of wisdom than what mere information and learning give. The wisdom Jesus offers is not a series of teachings, things we must learn or achieve through our own pursuits. **The wisdom he offers is not book knowledge, but a Person – himself.** We get that wisdom by following and staying close to him; observing his actions; listening to his words; imitating him and seeing the world from his perspective.*

May we all come to know and rest in Jesus each day of our lives.

And,

Airline passenger: How often do planes crash?

Flight attendant: Just once.

Surgeon: Relax, David. It's just a small surgery. Don't panic.

Patient: My name is not David!

Surgeon: I know. I am David.

Little girl: What is love?

Older brother: Love is when you steal my chocolate candy from my lunch box everyday and I still hide it in the same place.

Peace,

Father Tom

Apostles: We Who Are Sent...Hope: God's constant gift of new possibilities

Mass Intentions, For the week of July 9th, 2023

Eucharistic Adoration

Monday

1:30-7pm In the Church



We Pray for those who are ill...

Andy
Alfred Fox
Antonette Sabatino
Angie Mingione
Angela Amoroso
Arthur Gureck
Austin Rocky
Baby Ben
Baby Penny Grace
Candela
Barbara Bombace
Brian
Mattia Rose Lubrano
Barbara Sammarco
Belinda Groneman
Carol
Carolyn Nehl
Catherine Smith
Catherine Levine
Cathleen Henchey
Chase Addonizio
David Beleck
David McCue
Deirdre W.
Diane LaPorte
Donna Patrissi
Dorothy Mitchell
Eleanor Bayley
Elizabeth Martin
Elizabeth Smith
Eileen
Emily Schiaratta
Emily Souders
Flo Donohue
Gail Lumley
George Fitzpatrick
Gloria Montesano
Ginny & John Rief
Gregory Parker
Helen
Jack Donohue
Jackie & Christine Duffy
Jakob King
Jamie Accardi
Jean Saladino
Jenny Bonanno
Jerry
Joelle Nicholas
Joni Deleo
John Cronin
John DeStefano
John Maynes
Joseph
Joe Benaburger
Joseph Domizzio
Judy Rampola

Joe Dorrian
Joseph Costa
Joseph Domizzio
Kathleen Draper
Kathleen N.
Kerry
Kitty Cronin
Kristin Galetta
Laura Bode
Leon Donach
Lola Santangelo
Lori Cearney
Mary Monte
Marty Rizzo
Margaret Remhild
Mark Wagner
Mary Ryan
Maria Clark
Maria Collaro
Marie del Ciello
Maureen Litten
Mary Ann Cesarski
Mary Beth McGovern
Matthew Parrella
Michael Fisher
Mike Lofaro
Michael
Nick Lella
Patricia Acker
Patricia Tripptree
Pasquale Savarese
Pat McCumber
Peter Donach
Peter Portanova
P.I.
Ricardo Buffit
Riordan Cavooris
Rogelio Martinez
Rose
Ronnie Paciella
Ryan Duffy
Sara Jean Andersen
Stanley Stura
Stephen Dolce
Susanne Smith
Tonia Perdue
Tara Cesarski
Teresa Mattera
Tina Cafaro
Tiffany Lochan
Tom Devaney
Tom Ficht
Tom Ryan
Tom Focone
Vivien Cordes
Wayne Smith Sr.
William Capurso

Saturday July 8th Cantor: McCullogh	Presider: Father Tom Lector:Merlino/Tomasino EM:Napolitano/Stack/ Drechsler/Duffy/Toto	9:15am 5:00pm	Vincent Callahan Jack Duffy
Sunday July 9th Cantor: Lohmann	Presider: Father Tom Lector:Sehne/Cavooris EM:Dunn/Ramos/Sica/ M&P Tully	8am	For the People of SSPJ Parish
Cantor: Meringolo	Presider: Father Samson Lector:Cafaro/Rubino EM:Suski/Clarke/Latino/ Luna/Reichert/Sotomayer	10:00am	Robert Joseph Coraldo, MD
Cantor: Cazzaniga	<u>Collective Mass</u> Presider: Father Samson Lector:O'Hara/Just EM:Rubano/Bleggi/ Samson	12:00pm	Claudia Chandler Thomas J. O'Brien Molly Carrasquillo Dorothy Coyle
Monday July 10th	Eucharistic Adoration <u>1:30-7pm</u>	7:30am 9:15am	Living~Patti Horagim Marlene Fleming
Tuesday July 11th	<u>St. Benedict</u>	7:30am 9:15am	Sherry Howlett Melissa Remhild
Wednesday July 12th		7:30am 9:15am	Martha Sammartano Living~Ruth Diaz
Thursday July 13th	<u>St. Henry</u>	7:30am 9:15am	<u>Nicholas & Gina Lo Russo</u> <u>Collective Mass</u> Alice Giordano
Friday July 14th	<u>St. Kateri Tekakwitha</u>	7:30am 9:15am	Living~Donna & Christopher Regina Thomas O'Brien
Saturday July 15th Cantor: Spezio	Presider: Father Samson Lector:Schor/K. Smith EM: Calderone/Mantia/ Anderson/Duffy/Urce <u>St. Bonaventure</u>	9:15am 5:00pm	Evelyn Fitzsimmons William Olsen
Sunday July 16th Cantor: Stefanowski	Presider: Father Samson Lector:Mantia/White EM: Conti/Dervan/Diaz/ Sica/M. Tully	8:00am	For the People of SSPJ Parish
Cantor: Meringolo	Presider: Father Lector:Contrino/Rubano EM: Rizzo/Sisti/Keane/ Amen/McKie	10:00am	Joseph & Jean Caiati
Cantor: Hill	<u>Collective Mass</u> Presider: Father Lector: O'Leary/Suski EM: Rubano/Rubano/ Settineri	12:00pm	Thomas O'Brien Lorraine Berry Rosalie Rusy Claudia Chandler Joey Morda

RELIGIOUS EDUCATION MINISTRY

"LET THE LITTLE ONES COME TO ME"

Registration for the 2023-2024 Religious Education
School Year IS OPEN!

Enrollment began on: June 5th, 2023 and will remain
Open until September 15th, 2023

All of the information for registration can be found on
our website SSPJ.ORG,
Select: "Religious Education "
Then Select: "Registration Information."

FIRST COMMUNION CLASSES, GRADES 1 AND 2
ARE TAUGHT UP AT THE CHURCH

ALL OTHER CLASSES, GRADES 3-8
Are remote based, on line using Google Classroom
and Google Meets

They are designed as a "Family Participation Curriculum"
Any questions kindly contact the
Religious Ed Office at 631-584-3204



His words.
Your journey.
Together.



The secret of the lives of the saints is their familiarity and confidence with God, which grew within them and made it easier for them to recognize what was pleasing to Him. This familiarity overcomes the fear or the doubt that His will is not for our good.."

Pope Francis



June 2023— July 2024

Our Year of the Eucharistic Revival

Medicine , Not Reward

***"We come to Eucharist not to receive a prize for being perfect
but to receive the medicine and nourishment we need."***

Pope Francis stunned the world early in his papacy by identifying himself first and foremost as a sinner in constant need of God's grace. In the Eucharist, he says, we have chance after chance to meet God face to face and to be healed and fed. Eucharist is not a reward for good deeds done. It is rather the nourishment our sometimes jaded and overwhelmed spirits need to regain our strength. To be filled with God's grace is our aim every time we gather. And God is always ready to meet us, feed us, and hold us close! (Taken from What Pope Francis says about Eucharist)

Ponder: Do I come to Mass consciously in need of healing?

What nourishment do I need from God today?

Pray: God of mystery and wonder, help me to approach your table with awe and humility.

(Sister T)



CAN YOU HELP? The Thermometer is very slowly inching upward...

WE ARE AT 70% OF OUR GOAL as of July 3rd, 2023

THANK YOU!!!

WE ARE CALLED TO SERVE AS DISCIPLES OF CHRIST,
YOUR SACRIFICE IS SO GREATLY APPRECIATED



Dear Friends,

Our Church is in the midst of a National Eucharistic Revival to restore an understanding of and fidelity to the great mystery of Jesus really and truly present in the Most Holy Eucharist. Every time the Church celebrates the Eucharist, she is impelled toward mission: "Go in peace, glorifying the Lord by your life." One way that the mission of Christ and his Church is accomplished in the world today is through the important works of the Catholic Ministries Appeal.

Gifts to the Catholic Ministries Appeal assist thousands of individuals on Long Island each year. In helping young mothers receive the assistance they need through Catholic Charities, in aiding local families in receiving food, clothing, and support through parish outreach programs, in accompanying veterans, disabled, and elderly in receiving care and housing, and in supporting seminarians through their discernment and formation, your gift to the Catholic Ministries Appeal helps to spread the light of Christ further than you can imagine.

Fr. Christopher Heller, who was ordained a priest last June, noted: "Every single day of my time in the seminary for five years, the Catholic Ministries Appeal had a part of my life; because without the generosity of people supporting the Catholic Ministries Appeal, I would not have been in the seminary. So, I can say that the fact that I finally was ordained is all due to the work of the Catholic Ministries Appeal. I think that supporting the Catholic Ministries Appeal is important because it is saying that you are on the side of the renewal that Christ is working in the Church on Long Island."

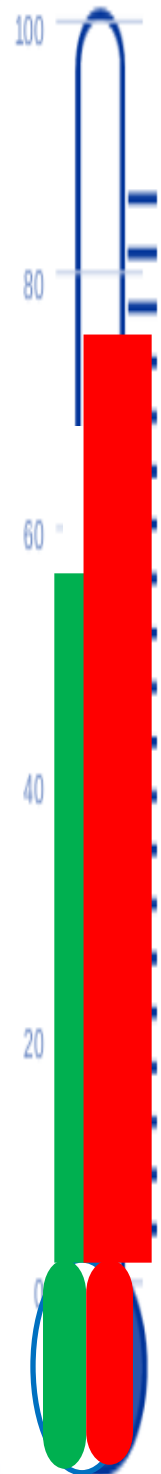
Your gifts to the Catholic Ministries Appeal are integral to the mission of the Church on Long Island. If you have not done so already, I ask you to consider making a gift to the 2023 Catholic Ministries Appeal. For convenience's sake, your contribution to the Catholic Ministries Appeal can now be made monthly over the course of the year. Please inquire with the Appeal Office if this is an option that you would prefer to take advantage of.

If you have already contributed to the 2023 Catholic Ministries Appeal, please know how truly grateful I am. It is only through your generous support, that we are able to serve the entire People of God in the Diocese of Rockville Centre.

Sincerely in Christ,

Most Reverend John O. Barres
Bishop of Rockville Centre

GOAL: \$102,000
PAYMENTS AT
7/3: \$55,250
PLEDGES AT
7/3
\$71,530.
We are on our
Way~
Thank you!





Our Summer fun has begun, weekend calendars fill up quickly with gatherings, celebrations, and vacations.

Sometimes far-off places or a simple day at the beach takes us away from our Spiritual Home.

Our summer collections drop approx. \$2,500 per week. You can help us *"Beat The Heat"* by contributing one extra envelope for July and August, in any amount you can comfortably afford.

Mark your donation as "Summer Appeal"

We appreciate the generosity of all who have donated to this appeal in support of our parish.

Wishing you a blessed summer!

My presence will go with you, and I will give you rest.

Exodus 33:14

Virginia Portanova
SSPJ Business Manager

Thank you to all who contributed to our AC Maintenance and Operation collection last week. While it is a budgeted item, the cost for utilities and supplies have increased since we submitted our 22/23 budget.

Our HVAC system is fairly new and maintained under contract twice a year. There are 35 filters that are routinely changed twice a year. Our sound blankets, which were installed to maintain the decibel

level mandated by the town and encompass the entire 20' x 40' fenced area, needed to be re-hung as the weather takes a toll on the straps. Not as easy as it sounds considering the weight and size of each blanket, it took 4 men over 4 hours to complete this task.

Your AC contributions help cover the cost that exceed our budget and is greatly appreciated.

Virginia Portanova~Business Manager

A Reflection from Sister T~

The Tides Change...So can WE!

Dear Friends,

I have a million-dollar question for you: What is the six-letter word that is most feared and resisted today?

Do you have it? I'll give you a few more seconds.
The word is C H A N G E! Would you not agree?

Recently a friend sent me a slide that said the **Psychology of Change**. In this time and space of the year 2023, I found what was being said very familiar. See what you think.
Here are some of the questions:

What was wrong with the way we were?

Who decided?

What's going to happen to me?

How do we decide to make this change?

Does it sound familiar, as we have seen more and more workplaces, churches, stores, restaurants, and the like, fully reopen? If you are not experiencing any of this, then Thank God!

Change involves ending something, transitioning, and then beginning something new. We wouldn't have any beautiful flowers or trees if the change process didn't happen in their GROWTH PROCESS. So it is for us: growth can only take place with change and all of its challenges, as painful as they may seem.

Some changes are easier than others. No chocolate ice cream? Okay I'll take butter pecan.

How do I re-enter my church? Is a little bit different, *or how I attend an event and with how many people?*

How do we get through this change?

First, we need **to notice** that change is really happening, next to **embrace** the doubt that goes along with it and then finally **step through the fear** of a new beginning. What kind of flowers would we have if they all remained seeds, or trees if they remained acorns?

During these challenging times we are asked to trust in God's plan, just as the Apostles were once asked. Remember the story when they were caught in the raging storm at sea? Experts at fishing in calm waters, it was hard for them to experience the storm with Jesus right there ignoring it. They became afraid of the **change** and yet they had the source of all life with them. It wasn't until they asked for His help that the storm subsided, and their fear disappeared. Their attitude changed; they were slowly beginning to come to know who He was and how He was the calm in their life.

This week, look at some of the changes you have had to make, both big and small. Pray over them, recognize them, and then ask God to help you through the changes that are happening, whether we want them to or not.

Fear not for Jesus will calm the storm of that feared word **CHANGE**.

Till next week,
Sister Theresita

MASS FOR PEOPLE WITH SPECIAL NEEDS



Saturday, July 22nd @ 2pm



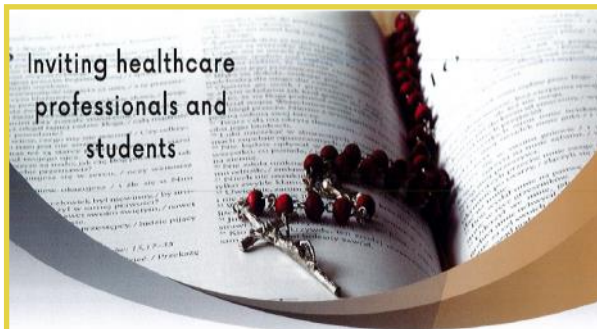
... For the Kingdom
of Heaven
Belongs to such as
these. (Matthew 19:14)

SHRINE OF OUR LADY OF THE ISLAND

(Mass will be indoors)

258 Eastport Manor Rd, Manorville, NY

Inviting healthcare
professionals and
students



THE LONG ISLAND GUILD OF THE CATHOLIC MEDICAL ASSOCIATION AND THE
STUDENT GUILD FROM THE MEDICAL SCHOOL AT STONY BROOK PRESENT

SPIRITUALITY & MEDICINE

Retreat

29 July
2023
1-8 PM

St. James RC Parish Center
429 NY-25A, Setauket, NY

AFTERNOON OF PRAYER FOLLOWED BY MASS AND DINNER
STUDENTS FREE | HEALTH CARE PROFESSIONALS \$20 |
SPOUSES WELCOME
EMAIL CMALIGUILD@GMAIL.COM BY JULY 21ST TO REGISTER

Look For God's Beauty In Every Single Day



Parish Social Ministry

Our Food Pantry Needs:

Please check expiration dates.

Hormel Beef Chili
Vegetarian Chili
Whole Wheat Pasta
Prego Pasta Sauce
Cereals such as Cheerios, Corn Flakes,
Chex, Rice Krispies, etc.
Grape Jelly



Thank you for your kindness and compassion



We remember the family and friends of,

Lenore M. Law

Safely Home in the arms of our Lord

THE AWESOME SSPJ SENIORS WILL BE MEETING ON:

MONDAY, JULY 10TH
FROM 1:30-3:30PM



IN THE STS. PHILIP & JAMES ROOM

ALL ARE MOST WELCOME TO JOIN AND TOGETHER SHARE FAITH, FUN, AND FRIENDSHIP

To protect creation, to protect every man and every woman, to look upon them with tenderness and love, is to open up a horizon of hope; it is to let a shaft of light break through the heavy clouds; it is to bring the warmth of hope!



In anticipation of our Fall Wash Kit Gang family hour, over the summer we are in great need of the following items only:



Small Body Lotion
Small toothpaste
Wash Cloths

Donations may be put in the St. Anthony Bread

RESPECT LIFE
committee



The Respect Life committee invites you to recite the rosary with them in the Church prayer room, each day following the 7:30 AM Mass.



Katie's Way

Collecting new and gently used baby items and delivering them to the Life Center of Long Island. These items benefit mothers, children, and expectant mothers in need. Your donations build a community that supports mothers who choose life for their unborn children under difficult circumstances. **Suggested donation items:** Diapers, wipes, bottles. Gently used baby and toddler items such as car seats, high chairs, strollers, clothing, toys, etc. New baby and toddler items, including diapers, wipes, formula, baby food, clothing, etc.

PLEASE DROP OFF AT: 56 TILLOTSON AVENUE, ST.JAMES, NY

Helpful Phone Numbers~ YOU ARE NEVER ALONE

Dept. of Social Services: 631-854-2300
Alcoholics Anonymous 24-Hour Hotline: 631-669-1124
Al-Anon Suffolk County: 631-669-2827
Alzheimer's Disease: 631-954-2323
American Red Cross L.I.: 516-747-3500
Birthright (Pregnancy Support): 631-821-9727 or 1-800-550-4900
Brighter Tomorrow (Domestic Violence): 631-395-1800
Brookhaven Youth Counseling: 631-451-8011
Catholic Charities (Food Stamp Info): 631-789-9546
Child Advocacy Center (CAC) (Child Abuse): 631-439-0480
Children's Community: 631-585-2020, 631-476-9698
www.childrenscommunityhs.org
Domestic Violence Hotline (Vibes): 631-360-3607
Elder Abuse: 631-761-7470
Fidelis Insurance (Family Health Plus): 1-888-343-3547
Gamblers Anonymous Hotline: 1-855-222-5542
Good Shepherd Hospice: 631-376-3758
Hope House Ministries: 631-473-6030
In Home Care- Home Instead: 631-724-2273
LI Against Domestic Violence: 631-666-8833
LI Head Start: 631-732-7100
L.I. Women's Coalition (Domestic Violence): 631-666-8833
Memory Care in NY: www.memorycare.com
Mental Health Emergency: 631-952-3333
Narcotics Anonymous: 631-689-6262
Nassau/Suffolk Law: 631-232-2400
National Aging in place-L.I. Chapter: 631-383-4341
National Suicide Prevention Hotline: 1-800-784-2433
Office for the Aging: 631-853-8200
Overeaters Anonymous 631-260-6615 www.SuffolkOA.org
Rachel's Hope (Post Abortion): 888-456-4673
Response Crisis Center: (Suicide Hotline): 631-751-7500
The Retreat (Domestic Violence Hotline): 631-329-2200

My Weekly SUMMER Sunday Gospel

The Fourteenth Sunday In Ordinary Time ~ Sunday, July 9th, 2023

My Name Is: _____ My Grade IS: _____ SSPJ SCHOOL

Please share this time with Jesus, Complete your reflection from your heart, and
bring it to mass with you next weekend

Saturday, July 15th or Sunday, July 16th, 2023

The Gospel Message: Matthew 11:25-30

Jesus prays in thanksgiving to God who has made himself known to Jesus' disciples.

He praises God who has made himself known to the "little ones" and not to those who are wise and powerful.

Jesus' way of holiness is simple, it is peaceful

Dear Jesus,
When I

Feel confused and
troubled or wor-
ried help me
remember today's
gospel message.

Do not be worried.

Help me to lay my
Burdens upon your
yoke and make my
fears, easy.

Amen

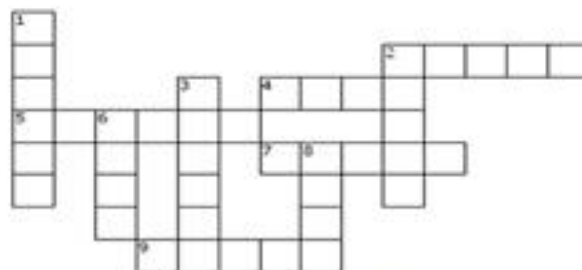


When Your Load Is Heavy Crossword

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Based on Matthew 11:28-30 (NIV)



ACROSS

2. Not heavy
4. The opposite of go
5. A heavy load that you carry
7. The place within a person where their feelings or emotions are
9. Very tired, especially after working hard for a long time

DOWN

1. Not proud or not believing that you are important
2. To get knowledge or skill about a subject
3. Calm, kind or soft; not violent
6. Stop and relax to regain your strength
8. Not difficult

WEARY
COME

HUMBLE
HEART

EASY
LIGHT

BURDEN
GENTLE

REST
LEARN

My Prayer Intention~ Share with Jesus what is on your heart...he hears you and is right beside you...

Reflecting and Preparing for Next Sunday, July 16th, 2023
The Fifteenth Sunday of Ordinary Time

Good News

INSPIRATION FOR DAILY LIFE

15th Sunday of Ordinary Time

Sunday July 16

Isaiah 55:10-11
Ps 65:10-14 (Luke 8:8)
Romans 8:18-23
Matthew 13:1-23

Monday July 17

Ex 1:8-14,22
Ps 124:1b-8
Matthew 10:34 – 11:1

Tuesday July 18

Ex 2:1-15a
Ps 69:3,14,30-31,33-34
Matthew 11:20-24

Wednesday July 19

Ex 3:1-6,9-12
Ps 103:1b-4,6-7
Matthew 11:25-27

Thursday July 20

Ex 3:13-20
Ps 105:1,5,8-9,24-27
Matthew 11:28-30

Friday July 21

Ex 11:10 – 12:14
Ps 116:12-13,15,16b-18
Matthew 12:1-8

Saturday July 22
St. Mary Magdalene

Sgs 3:1-4b OR
2 Cor 5:14-17
Ps 63:2-6,8-9
Jn 20:1-2,11-18

Sunday's readings are about sowing seeds. The important thing to remember about seed sowing is that the effort is worthless if the seeds are not changed by being cast to the ground. Each seed must give up its former self, dying in the dirt while new life stirs within it. Only then can it send out a tender, first root, which will multiply and grow stronger and deeper to support upward growth. Even so, it has to be properly nourished to survive.

If all this takes place, the end result is a plant that looks nothing like the seed, which as it grows develops the ever-more important mission of benefitting the wider world of Nature beyond itself.

As we listen to Jesus explain the parable, we say yes, we want to be seeds that become fruitful lives. But desiring it does not automatically transform us. What is it that makes the soil of our lives rich and growth-producing?

The reading from Isaiah tells us that it is God himself who is the rich soil – God and his Word. Saint Paul reminds us in the second reading that suffering is part of creation (seeds must fall in the dirt and die in order to produce a fruitful life). Redemption grows from suffering and death.

We will never feel truly fulfilled until we've surrendered to the



soil and have allowed God to nourish our growth.

Reflect & Discuss:

- † What tender, new roots do you have that are sprouting from times of suffering and loss?
- † What blessings are springing up from them?
- † What ministry (what benefit to others) could be a fruitful gift of these blessings?
- † Share with your family or faith sharing group what it means to give up your former self to allow new life to stir and grow.
- † What is the will of God (what does the Word say) regarding the end result? Give examples from your life or from the lives of others.

N O L A S T I N G C I T Y

Scripture tells us that in this life we have no lasting city. True enough. But, it seems, we also don't have a lasting house, school, neighborhood, town, zip code address, or most anything else. Eventually nothing lasts.

Perhaps my case isn't typical, but a lot of things in my life haven't lasted. My grandparents were immigrants, Russian-Germans, moving to the Canadian prairies and being among the first farmers to break the soil there at the beginning of the 1900s. They were young, so too was life then on the prairies, and their generation planted new farms, schools, towns, and cities across the great plains of Canada and the USA. I was born into the second generation of all that – but just as urbanization and other changes were already beginning to cause the disappearance of a lot of what they had built.

So, here's my story of having no lasting city: The elementary school I went to closed after I'd finished the sixth grade. We were bused to a bigger centralized school and our old school building was carted away. Nothing remains today to indicate there once was a school there. The new school I attended closed several years after I'd graduated. The building itself was razed and today the entire former campus is part of a farmer's field with only a small plaque to indicate there once was vibrant life there, with hundreds of young voices filling the air with energy. That school was a couple of miles out of a small town and that town itself has now completely disappeared, without a single building left.

I went from high school to an Oblate novitiate house situated in the heart of the Qu'Appelle valley, a beautiful stately building on a lake. Several years after I'd graduated from there, the building was sold and soon afterwards was destroyed in a fire. Only an empty stretch of prairie sits there now. From there, I moved to another seminary, a magnificent old building (formerly the Government House for the Northwest Territories) and spent six wonderful years there. Again, several years after I'd graduated, the building was abandoned, and it too was eventually destroyed by a fire.

From there I moved to Newman Theological College in Edmonton where I spent the next fifteen years. Newman College had a beautiful campus on the outskirts of the city, but several years after I'd left, the campus was expropriated by the city to build a ring road and all its buildings were razed. From there, I moved to a wonderfully homey building, the Oblate Provincial residence in Saskatoon. Several years later, after I'd moved out, that building too was razed and nothing remains where it once stood. And, while all this was happening, the little town to which our family was connected (for mail, for groceries, for services, for identity) became a ghost town with no inhabitants, all its buildings shuttered.

Eventually, I moved to Oblate School of Theology in Texas to live in a welcoming little house designated for the president of the school. However, after a few years, the land it was on was needed for a new seminary and that house too was razed. Finally, most painful of all, two years ago, our family house, our home for more than 70 years, was sold and the new owners (sensitive enough to ask our family's permission to do so) burned the old house to the ground.

That's a lot of roots disappearing: my elementary school, my high school, the town our family was connected to, both seminaries from which I graduated, the college where I first taught, both Oblate houses I'd spent wonderful years within, and the family house – all gone, razed to the ground, nothing left to go back to.

What does that do to you? Well, there's nostalgia, yes. How I would again love to walk into any of those buildings, feel what they once meant to me, and bask in memories. None of that can happen. Each of these is a mini death, leaving a part of my soul rootless. On the other hand, more positively, all that unwanted letting go is helping prepare me for an ultimate letting go, when I will be facing my own death, and not just some haunting nostalgia.

As well, this has taught me something else of substance. Buildings and houses may disappear, but home is not contingent on them. Rene Fumoleau, a poet among the Dene tribes, shares how he once visited a family the day after their house had been destroyed by fire and had this conversation with a young girl:

The next day I visited the burned out family.

What could I say after such a tragedy?

I tried with the ten-year old daughter:

‘Joan, you must feel terrible without home.’

The young girl knew better:

‘Oh, we still have our home,

But we have no house to put on it.” (Home – Here I Sit)

Yes, we can still have a home even without our former house on it.